

### President connects..

Friends,

Knowing how to read and write can transform a person's life. These basic skills, which so many of us take for granted, can mean a job, an income, and hope for a better future for those who are struggling to break the cycle of poverty.

Kerala is one of richest state of India having highest literacy rate. The growth of the Gujarat story, lead by Hon Narendra Modi, and Bihar story lead by Hon. Nitish Kumar are the classic examples of focusing on promoting literacy rates in their states. March is the Literacy Month on the Rotary calendar, a time to consider what our club could be doing to boost literacy rates in our community. Our projects have strengthened many schools, we have supported by adopting the childrens at Nalanda, helped Ashram shala at Kurze and Pragati Vidya Mandir Gorai.

I congratulate PP Vinay Vyas, Convenor PETS 2011, and core team for the successful PETS on 6th March 2011. My sincere thanks to the sponsor's Square feet, Lissome and Carl's burg.

Regards,

**Ashok Shetty**



### Editorial ...

### The Purpose of the Mind

To bring a sense of purpose and better quality into our lives we must look at the nature and working of our mind itself. The mind is meant to absorb information, transform it into knowledge and lead it into action. Action and speech determine the quality of our life and these come from the mind itself.

First, let us understand the nature of absorption of the mind. Wise men who have delved into the truth of this have said that most people's mind is as hard as the rock. Just as a rock is impervious to water, information that falls on the hard mind bounces off without a trace. A hard mind offers immense resistance to previously absorbed information that prevents the flow of knowledge and action.

Our mind must be as soft as a sponge for maximum absorption. Just as water can be easily absorbed by the sponge and squeezed out, a soft mind easily absorbs information and allows free flow of knowledge into action. The two processes are reversible a soft or open mind can easily be hardened and a hard or closed mind can easily soften.

What makes our mind hard or closed? Ancient sages have said that this is an automatic, front-line defense mechanism for the protection of our belief systems based on our state of ego. If we encounter an idea or a situation that is not in line with our thinking, we immediately close our mind by putting up a block against it. Ego creates mindset. Mindset is a protective mechanism of self-defense because we are scared of what other think about our notions and beliefs. This

mindset is self destructive. For example, a simple discussion develops into an argument and leads to a verbal or physical fight.

Mere gathering of the information by our mind is useless. We must transform this into knowledge. Our mind must be extremely pure to be able to perform this conversion efficiently. The result of an impure mind will rebound while the work of a pure mind will reach out for common welfare.

A pure, soft mind is gateway to divine living. Thinking positive isn't enough, you need to think divine. Only then we can soften and purify our mind. We should review the working of our mind at least three times a day. Was my mind aggressive or calm? Did my words and actions hurt or bring joy to people? An object that slips out of our hand can be recovered, but an inappropriate word that slips out of the tongue cannot be erased. Self review will free our mind of all obstructions. Ideas and inspiration flash freely in a pure mind to transform information to knowledge.

**Three basic steps can be followed:** First, allow others the freedom to be as they are, without imposing your mindset of thoughts and ideas. Second, have faith and belief that God is in you. Third, Spend some time quietly everyday thinking about your inner self and chanting the name of God. This way our mind which seeks information can be changed into a mind meant for the transformation of our very life itself from human to divine.

**Umesh.**



## MEETINGS

### 1st Meeting

Regular meeting , 4th March  
at Garjato Maratha Party  
hall, Near Ashok Nagar  
Circle, Borivli (W), 8.00pm  
Onwards,

Speaker : PP Prakash Desai.

Topic: Union Budget 2011-  
Duranto or Derailed Train?

### 2nd Meeting

Regular meeting , 25th  
March at Granville, Near  
Kora Kendra, Borivli (W),  
8.00pm Onwards.

Chief Guest : PDG Dr. Bharat  
Pandya

Topic: Glimpses of PEST  
2011 and felicitating The  
Team PEST 2011.

### 3rd Meeting

Celebration of Holi.

Kavi Samelan by our own  
members .

Induction of two new  
members and welcoming  
them to the world of Rotary.

Meeting was held Garjato  
Maratha Party hall, Near  
Ashok Nagar Circle, Borivli  
(W), 8.00pm Onwards,

## Programs



I am indeed honoured being the host club president for **PETS 2011** held on Sunday, 6th March 2011 at Hotel Holiday Inn, Sakinaka - a new venue. Well appreciated by DG Dr. Jayant, DGE Vijay, PDG. Dr. Bharat Pandya, Harjeet Singh Talwar and many dignitaries and delegates though Mail, SMS & phone calls. This event is one of the biggest events for our club for the Rotary year 2010-11. My sincere thanks to PDG Dr. Bharat Pandya who helped us in convincing DGE Vijay, the capabilities of our club in hosting such big events.

My sincere thanks to our board of directors who approved the proposal to host the prestigious event. I congratulate PP Vinay Vyas, Convenor PETS 2011, for the excellent leadership in building core team, delegating responsibilities, guiding and motivating members. I thank the sponsor's Square Feet, Lissome Cosmetics and Carl's burg , also banquet manager Manoj Patwal and his team at Hotel Holiday Inn.

My gratitude's to Chief Advisor PDG Dr. Bharat Pandya, Advisor Prafull Sharma & Treasurer Rajendra Kinariwala , Co-Convenor Umesh Soni & Chetan Desai, Secretary Manish Gyani, President Elect Ajay Gandhi & Team Members Nitin Majithia, Harish Chandarana, Mukesh Thakkar, Mudrak Lalaji, Rajul Pathak, Jayesh Kapadia & Ashish Tapiawala.

**Ashok Shetty. President.**

